




Maui Wowi Nutritional Statement

				Total Calories (cal)	Calories from fat (fat cal)	Total Fat (g)	Saturated Fat (g)	Trans Fat (g)	Cholesterol (mg)	Sodium (mg)	Total Carbohydrate (g)	Dietary Fiber (g)	Sugars (g)	Protein (g)
		Weight												
The Classics														
Black Raspberry - 12oz	382	g	250	5.0	0.5	0.0	0.0	10	50	60	1	43	3	
Black Raspberry - 20oz	576	g	370	10.0	1.0	0.5	0.0	15	75	92	3	64	5	
Black Raspberry - 28oz	808	g	530	10.0	1.5	0.5	0.0	25	105	130	3	91	7	
Kiwi Lemon Lime - 12oz	382	g	230	5.0	0.5	0.0	0.0	5	50	55	1	46	4	
Kiwi Lemon Lime - 20oz	576	g	350	10.0	1.0	0.5	0.0	5	70	85	2	68	5	
Kiwi Lemon Lime - 28oz	808	g	500	15.0	1.5	0.5	0.0	5	100	119	3	97	8	
Frozen Lemonade - 12oz	442	g	350	0.0	0.0	0.0	0.0	0	10	94	0	94	0	
Frozen Lemonade - 20oz	665	g	530	0.0	0.0	0.0	0.0	0	15	142	0	141	0	
Frozen Lemonade - 28oz	905	g	710	0.0	0.0	0.0	0.0	0	20	189	1	189	0	
Mango Orange - 12oz	382	g	230	5.0	0.5	0.0	0.0	5	50	54	1	50	4	
Mango Orange - 20oz	576	g	350	10.0	1.0	0.5	0.0	5	70	84	2	75	5	
Mango Orange - 28oz	808	g	490	15.0	1.5	0.5	0.0	5	105	119	3	106	8	
Pina Colada - 12oz	382	g	290	40.0	4.5	4.0	0.0	0	75	59	1	34	11	
Pina Colada - 20oz	576	g	510	60.0	6.0	5.0	0.0	5	105	90	2	52	16	
Pina Colada - 28oz	808	g	610	80.0	9.0	8.0	0.0	5	150	127	3	73	23	
Strawberry - 12oz	382	g	230	5.0	0.5	0.0	0.0	0	50	57	1	53	3	
Strawberry - 20oz	576	g	360	10.0	1.0	0.5	0.0	5	70	88	2	78	5	
Strawberry - 28oz	808	g	500	10.0	1.5	0.5	0.0	5	100	123	3	110	7	
Ohana's Favorites														
Aloha Colada - 12oz	414	g	310	40	4.5	4.0	0.0	0	75	66	2	38	12	
Aloha Colada - 20oz	657	g	500	60	7.0	5.0	0.0	5	105	108	4	62	17	
Aloha Colada - 28oz	915	g	700	80	9.0	8.0	0.0	5	150	151	6	86	24	
Black Lava Beach - 12oz	382	g	240	5	0.5	0.0	0.0	5	50	58	1	48	3	
Black Lava Beach - 20oz	576	g	370	10	1.0	0.5	0.0	10	75	90	2	71	5	
Black Lava Beach - 28oz	808	g	520	10	1.5	0.5	0.0	15	105	126	3	101	7	
Hawaiian Breeze - 12oz	382	g	230	5	0.5	0.0	0.0	0	50	56	1	52	3	
Hawaiian Breeze - 20oz	576	g	350	10	1.0	0.5	0.0	5	70	86	2	77	5	
Hawaiian Breeze - 28oz	808	g	500	15	1.5	0.5	0.0	5	100	122	3	109	7	
Hawaiian Dreamsicle - 12oz	382	g	240	15	2.0	1.5	0.0	5	60	56	1	46	6	
Hawaiian Dreamsicle - 20oz	576	g	380	25	3.0	2.0	0.0	5	85	86	2	67	9	
Hawaiian Dreamsicle - 28oz	808	g	530	40	4.0	3.0	0.0	5	120	121	3	95	14	
Kona Rain - 12oz	382	g	240	5	0.5	0.0	0.0	10	50	59	1	43	3	
Kona Rain - 20oz	576	g	370	10	1.0	0.5	0.0	15	75	91	2	65	5	
Kona Rain - 28oz	808	g	520	10	1.5	0.5	0.0	20	105	127	3	92	7	
Ocean Sunrise - 12oz	382	g	230	5	0.5	0.0	0.0	5	50	55	1	49	4	
Ocean Sunrise - 20oz	576	g	350	10	1.0	0.5	0.0	5	70	84	2	74	5	
Ocean Sunrise - 28oz	808	g	490	15	1.5	0.5	0.0	5	105	119	3	104	8	
Rainforest Falls - 12oz	382	g	260	15	1.5	1.5	0.0	10	60	59	1	40	6	
Rainforest Falls - 20oz	576	g	390	25	3.0	2.0	0.0	10	85	91	2	60	9	
Rainforest Falls - 28oz	808	g	560	35	4.0	3.0	0.0	15	120	129	3	85	12	
Sunny Paradise - 12oz	382	g	230	5	0.5	0.0	0.0	5	50	56	1	51	3	
Sunny Paradise - 20oz	576	g	360	10	1.0	0.5	0.0	5	70	87	2	76	5	
Sunny Paradise - 28oz	808	g	500	10	1.5	0.5	0.0	5	100	122	3	108	7	
Surf's Up - 12oz	382	g	270	30	3.5	3.0	0.0	5	70	58	1	37	9	
Surf's Up - 20oz	576	g	410	45	5.0	4.5	0.0	5	95	89	2	55	14	
Surf's Up - 28oz	808	g	580	60	7.0	6.0	0.0	5	135	125	3	79	19	
Wistful Waikiki - 12oz	382	g	250	15	1.5	1.5	0.0	0	55	57	1	47	6	
Wistful Waikiki - 20oz	576	g	380	25	3.0	2.0	0.0	5	85	88	2	69	9	
Wistful Waikiki - 28oz	808	g	540	35	4.0	3.0	0.0	5	120	125	3	97	12	


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	Weight		Total Calories (cal)	Calories from fat (fat cal)	Total Fat (g)	Saturated Fat (g)	Trans Fat (g)	Cholesterol (mg)	Sodium (mg)	Total Carbohydrate (g)	Dietary Fiber (g)	Sugars (g)	Protein (g)
Chillin'													
Kona Mocha - 12oz	351	g	170	50	6.0	4.5	0.0	0	45	28	1	21	2
Kona Mocha - 20oz	507	g	220	70	8.0	6.0	0.0	0	60	37	2	28	2
Kona Mocha - 28oz	703	g	330	110	12.0	9.0	0.0	0	85	56	2	42	3
Vanilla Chai - 12oz	354	g	250	100	11.0	7.0	0.0	10	75	33	0	24	5
Vanilla Chai - 20oz	512	g	340	140	15.0	9.0	0.0	15	110	45	0	34	7
Vanilla Chai - 28oz	710	g	490	200	22.0	13.0	0.0	20	150	65	0	49	9
Hot Espresso													
Espresso Shot - Single	30	g	5	0	0.0	0.0	0.0	0	0	1	0	0	0
Espresso Shot - Double	60	g	5	0	0.0	0.0	0.0	0	10	1	0	0	0
Espresso Shot - Triple	90	g	10	0	0.0	0.0	0.0	0	15	2	0	0	0
Espresso Con Panna - Single	58	g	90	50	6.0	3.0	0.0	30	0	6	0	6	0
Espresso Con Panna - Double	117	g	180	100	11.0	6.0	0.0	55	10	12	0	11	0
Espresso Con Panna - Triple	175	g	260	150	17.0	9.0	0.0	85	15	19	0	17	0
Cortado - Single	61	g	20	10	1.0	0.5	0.0	5	15	2	0	1	1
Cortado - Double	121	g	45	20	2.0	1.0	0.0	5	35	4	0	3	2
Cortado - Triple	182	g	60	30	3.0	2.0	0.0	10	50	6	0	4	3
Americano - 12oz	328	g	5	0	0.0	0.0	0.0	0	15	1	0	0	0
Americano - 16oz	416	g	5	0	0.0	0.0	0.0	0	20	1	0	0	0
Americano - 20oz	493	g	10	0	0.0	0.0	0.0	0	25	2	0	0	0
Cappuccino - 12oz	210	g	110	50	6.0	3.5	0.0	20	80	9	0	9	6
Cappuccino - 16oz	283	g	140	70	7.0	4.0	0.0	20	105	12	0	11	7
Cappuccino - 20oz	357	g	190	90	10.0	6.0	0.0	30	135	15	0	14	9
Latte - 12oz	328	g	180	90	10.0	6.0	0.0	30	130	15	0	14	9
Latte - 16oz	401	g	210	100	11.0	6.0	0.0	35	160	17	0	16	11
Latte - 20oz	494	g	270	130	14.0	8.0	0.0	45	200	22	0	21	14
Cappuccino, Flavored - 12oz	246	g	180	60	6.0	3.5	0.0	20	85	26	0	25	6
Cappuccino, Flavored - 16oz	333	g	240	70	8.0	4.5	0.0	25	110	34	0	33	8
Cappuccino, Flavored - 20oz	401	g	300	90	10.0	6.0	0.0	30	135	44	0	43	9
Caramel Macchiato, 12oz	306	g	230	80	8.0	4.5	0.0	25	135	29	0	28	8
Caramel Macchiato, 16oz	380	g	270	90	10.0	5.0	0.0	30	160	35	0	33	9
Caramel Macchiato, 20oz	439	g	320	100	12.0	6.0	0.0	35	180	41	0	39	11
Iced Espresso													
Espresso Shot - Single	174	g	5	0	0.0	0.0	0.0	0	10	1	0	0	0
Espresso Shot - Double	226	g	5	0	0.0	0.0	0.0	0	15	1	0	0	0
Espresso Shot - Triple	283	g	10	0	0.0	0.0	0.0	0	20	2	0	0	0
Americano - 12oz	343	g	5	0	0.0	0.0	0.0	0	15	1	0	0	0
Americano - 20oz	492	g	5	0	0.0	0.0	0.0	0	20	1	0	0	0
Americano - 28oz	733	g	10	0	0.0	0.0	0.0	0	30	2	0	0	0
Latte - 12oz	326	g	90	40	4.5	2.5	0.0	15	70	7	0	7	5
Latte - 20oz	482	g	150	70	8.0	4.5	0.0	25	115	12	0	11	7
Latte - 28oz	711	g	270	130	14.0	8.0	0.0	45	200	22	0	21	14
Hot Latte - Flavored													
Caramel Mocha Delight - 12oz	311	g	230	80	9.0	4.5	0.0	25	110	31	1	29	9
Caramel Mocha Delight - 16oz	413	g	340	100	11.0	5.0	0.0	30	135	53	2	49	11
Caramel Mocha Delight - 20oz	495	g	440	120	13.0	6.0	0.0	35	160	73	3	68	14
Cocoa Loco Mocha - 12oz	324	g	270	80	9.0	4.5	0.0	25	110	42	2	39	10
Cocoa Loco Mocha - 16oz	420	g	370	100	11.0	5.0	0.0	30	130	63	3	58	12
Cocoa Loco Mocha - 20oz	503	g	480	120	13.0	6.0	0.0	35	150	85	4	78	15
Mocha Macadamia - 12oz	324	g	270	80	9.0	4.5	0.0	25	110	41	2	38	10
Mocha Macadamia - 16oz	420	g	360	100	11.0	5.0	0.0	30	130	61	3	56	12
Mocha Macadamia - 20oz	503	g	470	120	13.0	6.0	0.0	35	150	81	4	74	15


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	Weight												
Mocha - 12oz	314	g	240	80	9.0	4.5	0.0	25	110	35	2	32	10
Mocha - 16oz	421	g	320	100	11.0	6.0	0.0	30	140	50	3	44	13
Mocha - 20oz	491	g	400	120	14.0	7.0	0.0	35	160	64	4	57	15
Nutty Hawaiian - 12oz	316	g	210	80	9.0	5.0	0.0	25	120	23	0	23	9
Nutty Hawaiian - 16oz	418	g	290	100	11.0	6.0	0.0	35	150	37	0	36	10
Nutty Hawaiian - 20oz	478	g	360	110	12.0	7.0	0.0	35	170	48	0	47	12
Pele's Cup - 12oz	315	g	240	80	9.0	4.5	0.0	25	110	36	3	32	10
Pele's Cup - 16oz	423	g	330	100	11.0	6.0	0.0	30	140	51	4	44	13
Pele's Cup - 20oz	493	g	400	120	14.0	7.0	0.0	35	160	65	5	57	15
Sunrise Over Kona - 12oz	325	g	270	80	9.0	4.5	0.0	25	110	43	2	39	10
Sunrise Over Kona - 16oz	422	g	370	100	11.0	5.0	0.0	30	130	64	3	58	12
Sunrise Over Kona - 20oz	506	g	470	120	13.0	6.0	0.0	35	150	85	4	78	15
Vanilla Chai Latte - 12oz	270	g	250	110	13.0	7.0	0.0	25	115	26	0	21	8
Vanilla Chai Latte - 16oz	316	g	300	140	15.0	9.0	0.0	30	130	32	0	26	10
Vanilla Chai Latte - 20oz	383	g	400	180	20.0	12.0	0.0	35	160	44	0	35	12
Iced Latte - Flavored													
Caramel Mocha Delight - 12oz	370	g	170	50	5.0	3.0	0.0	15	70	26	1	24	6
Caramel Mocha Delight - 20oz	521	g	300	80	9.0	4.5	0.0	25	120	50	2	46	10
Caramel Mocha Delight - 28oz	747	g	500	140	16.0	8.0	0.0	45	200	78	3	72	17
Cocoa Loco Mocha - 12oz	371	g	210	50	6.0	3.0	0.0	15	70	38	2	34	7
Cocoa Loco Mocha - 20oz	531	g	350	90	10.0	4.5	0.0	25	120	62	3	56	11
Cocoa Loco Mocha - 28oz	731	g	540	150	16.0	8.0	0.0	45	200	90	4	83	18
Mocha Macadamia - 12oz	371	g	210	50	6.0	3.0	0.0	15	70	37	2	33	7
Mocha Macadamia - 20oz	531	g	340	90	10.0	4.5	0.0	25	120	60	3	54	11
Mocha Macadamia - 28oz	731	g	530	150	16.0	8.0	0.0	45	200	86	4	79	18
Mocha - 12oz	367	g	180	50	6.0	3.0	0.0	15	70	31	2	27	7
Mocha - 20oz	526	g	290	90	10.0	4.5	0.0	25	120	47	3	42	11
Mocha - 28oz	743	g	450	150	16.0	8.0	0.0	45	200	68	4	61	18
Nutty Hawaiian - 12oz	337	g	130	45	5.0	3.0	0.0	15	70	17	0	17	5
Nutty Hawaiian - 20oz	511	g	240	70	8.0	4.5	0.0	25	120	33	0	32	8
Nutty Hawaiian - 28oz	701	g	390	130	14.0	8.0	0.0	45	200	51	0	50	14
Pele's Cup - 12oz	368	g	180	50	6.0	3.0	0.0	15	70	31	3	27	7
Pele's Cup - 20oz	528	g	300	90	10.0	4.5	0.0	25	120	49	4	42	11
Pele's Cup - 28oz	734	g	540	150	16.0	8.0	0.0	45	200	90	4	83	18
Sunrise Over Kona - 12oz	372	g	210	50	6.0	3.0	0.0	15	70	38	2	34	7
Sunrise Over Kona - 20oz	533	g	350	90	10.0	4.5	0.0	25	120	62	3	57	11
Sunrise Over Kona - 28oz	734	g	540	150	16.0	8.0	0.0	45	200	90	4	83	18
Hot Cocoa													
Hot Cocoa - 12oz	322	g	260	90	10.0	5.0	0.0	30	120	36	2	33	11
Hot Cocoa - 16oz	416	g	350	120	13.0	7.0	0.0	35	150	52	3	47	14
Hot Cocoa - 20oz	451	g	410	130	14.0	7.0	0.0	35	160	64	4	58	16
White Hot Cocoa - 12oz	322	g	280	80	9.0	5.0	0.0	30	210	39	0	36	9
White Hot Cocoa - 16oz	416	g	380	100	12.0	7.0	0.0	35	280	56	0	52	11
White Hot Cocoa - 20oz	451	g	450	110	12.0	7.0	0.0	35	330	70	0	64	12
Alani - 12oz	313	g	280	90	10.0	5.0	0.0	25	115	43	2	40	10
Alani - 16oz	419	g	400	110	13.0	6.0	0.0	35	150	65	3	61	14
Alani - 20oz	482	g	490	130	14.0	7.0	0.0	35	160	86	4	80	16
Alani Nut - 12oz	313	g	290	80	9.0	5.0	0.0	25	110	46	2	43	10
Alani Nut - 16oz	419	g	420	110	12.0	6.0	0.0	35	140	72	3	68	13
Alani Nut - 20oz	482	g	530	120	14.0	7.0	0.0	35	150	96	4	90	15
Cocoa Loco - 12oz	313	g	290	80	9.0	5.0	0.0	25	110	46	2	43	10
Cocoa Loco - 16oz	419	g	420	110	12.0	6.0	0.0	35	140	72	3	68	13
Cocoa Loco - 20oz	482	g	530	120	14.0	7.0	0.0	35	150	96	4	90	15
Hazelnut - 12oz	313	g	290	80	9.0	5.0	0.0	25	110	46	2	43	10
Hazelnut - 16oz	416	g	410	110	12.0	6.0	0.0	35	140	69	3	65	13
Hazelnut - 20oz	451	g	490	120	13.0	6.0	0.0	35	140	87	4	81	14


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Kalamela - 12oz	313	g	280	90	10.0	5.0	0.0	25	115	43	2	40	10
Kalamela - 16oz	419	g	400	110	13.0	6.0	0.0	35	150	65	3	60	14
Kalamela - 20oz	482	g	490	130	14.0	7.0	0.0	35	160	85	4	79	16
Macadamia - 12oz	313	g	280	90	10.0	5.0	0.0	25	115	42	2	39	10
Macadamia - 16oz	420	g	380	120	13.0	6.0	0.0	35	150	60	3	56	14
Macadamia - 20oz	482	g	470	130	14.0	7.0	0.0	40	160	76	4	70	16
Maui Wowi Cocoa - 12oz	313	g	290	80	9.0	5.0	0.0	25	110	45	2	42	10
Maui Wowi Cocoa - 16oz	414	g	400	110	12.0	6.0	0.0	35	140	67	3	62	13
Maui Wowi Cocoa - 20oz	472	g	490	120	14.0	7.0	0.0	35	150	86	4	80	15
Cocoa Nut - 12oz	313	g	280	90	10.0	5.0	0.0	25	115	43	2	40	10
Cocoa Nut - 16oz	420	g	390	120	13.0	6.0	0.0	35	150	62	3	57	14
Cocoa Nut - 20oz	482	g	470	130	14.0	7.0	0.0	40	160	79	4	73	16
Vanilla - 12oz	320	g	350	80	9.0	4.5	0.0	25	105	64	2	61	10
Vanilla - 16oz	432	g	500	110	12.0	6.0	0.0	30	135	93	3	89	13
Vanilla - 20oz	496	g	620	120	13.0	6.0	0.0	35	140	120	4	114	15
Frozen Cocoa													
Cocoa - 12oz	425	g	440	120	13.0	9.0	0.0	0	320	83	5	68	8
Cocoa - 20oz	625	g	660	180	20.0	14.0	0.0	0	480	125	8	102	12
Cocoa - 28oz	852	g	890	230	26.0	18.0	0.0	0	640	167	10	135	16
Caramel - 12oz	435	g	470	120	13.0	9.0	0.0	0	320	90	5	75	8
Caramel - 20oz	640	g	710	180	20.0	14.0	0.0	0	480	136	8	112	12
Caramel - 28oz	872	g	940	230	26.0	18.0	0.0	0	640	181	10	150	16
Coconut - 12oz	435	g	470	120	13.0	9.0	0.0	0	320	91	5	75	8
Coconut - 20oz	640	g	710	180	20.0	14.0	0.0	0	480	136	8	113	12
Coconut - 28oz	872	g	940	230	26.0	18.0	0.0	0	640	181	10	150	16
Hazelnut - 12oz	435	g	470	120	13.0	9.0	0.0	0	320	90	5	74	8
Hazelnut - 20oz	640	g	700	180	20.0	14.0	0.0	0	480	135	8	111	12
Hazelnut - 28oz	872	g	940	230	26.0	18.0	0.0	0	640	180	10	148	16
Loco - 12oz	440	g	490	120	13.0	9.0	0.0	0	320	94	5	79	8
Loco - 20oz	650	g	740	180	20.0	14.0	0.0	0	480	143	8	120	12
Loco - 28oz	888	g	990	230	26.0	18.0	0.0	0	640	192	10	161	16
Macadamia - 12oz	435	g	470	120	13.0	9.0	0.0	0	320	90	5	74	8
Macadamia - 20oz	640	g	700	180	20.0	14.0	0.0	0	480	134	8	111	12
Macadamia - 28oz	872	g	940	230	26.0	18.0	0.0	0	640	179	10	148	16
Maui Wowi Cocoa - 12oz	440	g	480	120	13.0	9.0	0.0	0	320	93	5	78	8
Maui Wowi Cocoa - 20oz	650	g	730	180	20.0	14.0	0.0	0	480	142	8	118	12
Maui Wowi Cocoa - 28oz	888	g	980	230	26.0	18.0	0.0	0	640	190	10	159	16
Vanilla - 12oz	466	g	560	120	13.0	9.0	0.0	0	320	113	5	97	8
Vanilla - 20oz	686	g	840	180	20.0	14.0	0.0	0	480	169	8	146	12
Vanilla - 28oz	933	g	1120	230	26.0	18.0	0.0	0	640	225	10	194	16
Frozen Cappuccino & Espresso													
Blended Cappuccino - 12oz	381	g	380	150	17.0	10.0	0.0	50	210	51	0	45	7
Blended Cappuccino - 20oz	558	g	570	230	25.0	16.0	0.0	75	320	77	0	68	10
Blended Cappuccino - 28oz	763	g	760	300	33.0	21.0	0.0	95	420	103	0	90	14
Cappuccino Alani - 12oz	381	g	310	80	9.0	5.0	0.0	25	135	54	0	50	5
Cappuccino Alani - 20oz	558	g	460	120	13.0	8.0	0.0	40	200	81	0	76	8
Cappuccino Alani - 28oz	763	g	610	160	17.0	11.0	0.0	50	270	108	0	101	11
Cappuccino Colada - 12oz	381	g	340	100	11.0	7.0	0.0	25	150	56	0	41	10
Cappuccino Colada - 20oz	558	g	520	150	16.0	11.0	0.0	40	220	85	0	61	15
Cappuccino Colada - 28oz	763	g	690	200	22.0	15.0	0.0	50	300	113	0	81	20
Cappuccino Honu - 12oz	383	g	390	110	12.0	7.0	0.0	30	210	67	0	59	5
Cappuccino Honu - 20oz	559	g	570	150	16.0	10.0	0.0	45	300	99	0	89	6
Cappuccino Honu - 28oz	793	g	780	200	22.0	13.0	0.0	60	410	137	0	122	9

Maui Wowi Nutritional Statement

	Weight		Total Calories (cal)	Calories from fat (fat cal)	Total Fat (g)	Saturated Fat (g)	Trans Fat (g)	Cholesterol (mg)	Sodium (mg)	Total Carbohydrate (g)	Dietary Fiber (g)	Sugars (g)	Protein (g)
Cappuccino Makeima - 12oz	370	g	360	130	14.0	9.0	0.0	40	180	53	0	48	6
Cappuccino Makeima - 20oz	527	g	510	180	20.0	12.0	0.0	55	250	75	0	68	8
Cappuccino Makeima - 28oz	742	g	720	250	28.0	17.0	0.0	80	360	106	0	95	11
Frozen Espresso - 12oz	380	g	320	130	14.0	9.0	0.0	40	180	43	0	38	6
Frozen Espresso - 20oz	556	g	450	180	20.0	12.0	0.0	55	260	61	0	53	8
Frozen Espresso - 28oz	791	g	640	250	28.0	17.0	0.0	80	370	87	0	75	12
Mocha Almond - 12oz	429	g	440	130	15.0	9.0	0.0	40	180	73	2	65	8
Mocha Almond - 20oz	606	g	640	190	21.0	12.0	0.0	55	250	109	3	97	11
Mocha Almond - 28oz	871	g	900	270	30.0	17.0	0.0	80	360	154	4	137	16
Mocha Banana - 12oz	344	g	280	70	8.0	4.5	0.0	20	90	52	3	42	5
Mocha Banana - 20oz	570	g	480	120	13.0	7.0	0.0	30	150	93	6	73	9
Mocha Banana - 28oz	832	g	730	190	21.0	11.0	0.0	50	240	138	8	108	13
Brewed Coffee/Tea													
Brewed Coffee - 12oz	355	g	5	0	0.0	0.0	0.0	0	5	0	0	0	0
Brewed Coffee - 16oz	474	g	5	0	0.0	0.0	0.0	0	10	0	0	0	1
Brewed Coffee - 20oz	592	g	5	0	0.0	0.0	0.0	0	10	0	0	0	1
Café Au Lait - 12oz	359	g	80	35	4.0	2.5	0.0	10	55	6	0	6	4
Café Au Lait - 16oz	478	g	100	50	5.0	3.0	0.0	15	75	8	0	8	5
Café Au Lait - 20oz	598	g	130	60	7.0	4.0	0.0	20	95	10	0	10	7
Iced Coffee, Cold Brewed - 12oz	355	g	0	0	0.0	0.0	0.0	0	10	0	0	0	0
Iced Coffee, Cold Brewed - 20oz	507	g	5	0	0.0	0.0	0.0	0	10	0	0	0	0
Iced Coffee, Cold Brewed - 28oz	751	g	5	0	0.0	0.0	0.0	0	15	0	0	0	1
Iced Tea, Unsweetened - 12oz	354	g	0	0	0.0	0.0	0.0	0	0	0	0	0	0
Iced Tea, Unsweetened - 20oz	591	g	0	0	0.0	0.0	0.0	0	0	0	0	0	0
Iced Tea, Unsweetened - 28oz	827	g	0	0	0.0	0.0	0.0	0	0	0	0	0	0
Frozen Lemonade													
Kiwi Lemon Lime - 12oz	435	g	300	5	0.0	0.0	0.0	0	35	76	0	72	2
Kiwi Lemon Lime - 20oz	655	g	460	5	0.0	0.0	0.0	0	50	117	0	112	3
Kiwi Lemon Lime - 28oz	893	g	500	15	1.5	0.5	0.0	5	100	119	3	97	8
Mango Orange - 12oz	435	g	300	5	0.0	0.0	0.0	0	35	76	0	75	2
Mango Orange - 20oz	655	g	450	5	0.0	0.0	0.0	0	50	116	0	116	3
Mango Orange - 28oz	893	g	610	5	0.5	0.0	0.0	5	60	157	0	156	3
Black Raspberry - 12oz	435	g	310	5	0.0	0.0	0.0	5	35	79	0	70	2
Black Raspberry - 20oz	655	g	470	5	0.0	0.0	0.0	10	50	121	0	110	2
Black Raspberry - 28oz	893	g	630	5	0.0	0.0	0.0	0	65	163	0	149	3
Strawberry - 12oz	435	g	300	5	0.0	0.0	0.0	0	35	77	0	76	2
Strawberry - 20oz	655	g	460	5	0.0	0.0	0.0	0	50	118	0	117	2
Strawberry - 28oz	893	g	620	5	0.0	0.0	0.0	0	60	160	0	159	3
Shaved Ice													
Blue Raspberry	179	g	190	0	0.0	0.0	0.0	0	15	47	0	47	0
Kiwi Strawberry	179	g	190	0	0.0	0.0	0.0	0	15	47	0	47	0
Lemon Lime	183	g	200	0	0.0	0.0	0.0	0	15	49	0	49	0
Pina Colada	179	g	190	0	0.0	0.0	0.0	0	15	47	0	47	0
LTO Smoothies													
Peach - 12oz	382	g	230	5	0.0	0.0	0.0	0	35	55	1	40	5
Peach - 20oz	576	g	350	5	0.5	0.0	0.0	5	50	85	2	60	8
Peach - 28oz	808	g	490	10	1.0	0.0	0.0	5	70	120	3	85	11
Tropical Sunset - 12oz	382	g	230	5	0.5	0.0	0.0	5	45	56	1	49	4
Tropical Sunset - 20oz	576	g	350	10	1.0	0.0	0.0	5	65	87	2	72	6
Tropical Sunset - 28oz	808	g	500	10	1.0	0.5	0.0	5	90	122	3	101	8
Green Smoothie - 12oz	382	g	230	5	0.5	0.0	0.0	0	60	53	2	46	3
Green Smoothie - 20oz	576	g	350	10	1.0	0.5	0.0	5	85	82	3	68	4
Green Smoothie - 28oz	808	g	490	15	1.5	0.5	0.0	5	120	116	4	96	6
Tropical Fruit - 12oz	382	g	380	90	10.0	9.0	0.0	0	30	70	1	64	1
Tropical Fruit - 20oz	576	g	560	130	15.0	13.0	0.0	0	40	106	3	94	2
Tropical Fruit - 28oz	808	g	800	190	21.0	18.0	0.0	0	55	150	3	133	3

Maui Wowi Nutritional Statement

			Total Calories (cal)	Calories from fat (fat cal)	Total Fat (g)	Saturated Fat (g)	Trans Fat (g)	Cholesterol (mg)	Sodium (mg)	Total Carbohydrate (g)	Dietary Fiber (g)	Sugars (g)	Protein (g)
	Weight												
Smoothies with Alcohol													
Daiquiri - 12oz	417	g	310	5	0.5	0.0	0.0	0	50	57	1	53	3
Daiquiri - 20oz	611	g	440	10	1.0	0.5	0.0	5	70	88	2	78	5
Daiquiri - 28oz	843	g	580	10	1.5	0.5	0.0	5	100	123	3	110	7
Mango Orange Sensation - 12oz	417	g	310	5	0.5	0.0	0.0	5	50	54	1	50	4
Mango Orange Sensation - 20oz	611	g	430	10	1.0	0.5	0.0	5	75	84	2	75	5
Mango Orange Sensation - 28oz	843	g	570	15	1.5	0.5	0.0	5	105	119	3	106	8
Margarita - 12oz	416	g	320	5	0.5	0.0	0.0	5	60	57	0	50	4
Margarita - 20oz	593	g	440	10	1.0	0.5	0.0	5	90	85	0	75	6
Margarita - 28oz	798	g	560	15	1.5	0.5	0.0	5	120	113	0	100	8
Miami Vice - 12oz	417	g	340	25	2.5	2.0	0.0	0	60	58	1	43	7
Miami Vice - 20oz	611	g	470	35	3.5	3.0	0.0	5	90	89	2	65	11
Miami Vice - 28oz	843	g	640	45	5.0	4.0	0.0	5	125	125	3	92	15
Pina Colada - 12oz	417	g	370	40	4.5	4.0	0.0	0	75	59	1	34	11
Pina Colada - 20oz	611	g	690	80	9.0	8.0	0.0	5	150	127	3	73	23
Pina Colada - 28oz	843	g	580	15	1.5	0.5	0.0	5	100	119	3	97	8
Strawberry Margarita - 12oz	416	g	320	5	0.5	0.0	0.0	5	60	58	0	54	4
Strawberry Margarita - 20oz	593	g	440	10	1.0	0.5	0.0	5	90	87	0	81	5
Strawberry Margarita - 28oz	798	g	570	10	1.5	0.5	0.0	5	120	116	0	109	7
Vodka Lemonade - 12oz	462	g	460	0	0.0	0.0	0.0	0	10	102	1	98	0
Vodka Lemonade - 20oz	694	g	680	0	0.0	0.0	0.0	0	10	160	2	151	1
Vodka Lemonade - 28oz	933	g	890	5	0.0	0.0	0.0	0	15	213	3	202	1
Boosts*													
Energy	5	g	15	0	0.0	0.0	0.0	0	0	5	0	0	0
Immunity	5	g	20	0	0.0	0.0	0.0	0	0	5	0	1	0
Multivitamin	5	g	15	0	0.0	0.0	0.0	0	0	3	0	0	0
Trim & Fit	5	g	20	0	0.0	0.0	0.0	0	0	5	0	0	0
Whey Protein	15	g	60	10	1.0	0.0	0.0	30	30	1	0	1	12
Soy Protein	5	g	20	0	0.0	0.0	0.0	0	15	0	0	0	4
Add-ins													
Soy Milk, Original, 8oz	243	g	110	40	4.5	0.5	0.0	0	160	11	1	5	8
Soy Milk, Original, 1oz	30	g	15	5	0.5	0.0	0.0	0	20	1	0	1	1
Whole Milk, 8oz	244	g	150	70	8.0	4.5	0.0	25	105	12	0	12	8
Whole Milk, 1oz	31	g	20	10	1.0	0.5	0.0	5	15	1	0	1	1
Skim Milk, 8oz	245	g	80	0	0.0	0.0	0.0	5	105	12	0	12	8
Skim Milk, 1oz	31	g	10	0	0.0	0.0	0.0	0	15	2	0	2	1
Whipped Topping, serving	30	g	100	90	10.0	7.0	0.0	35	10	2	0	2	1
Flavor Shot, Coconut	10	g	30	0	0.0	0.0	0.0	0	0	7	0	7	0
Flavor Shot, Macadamia Nut	10	g	25	0	0.0	0.0	0.0	0	0	6	0	6	0
Flavor Shot, Almond	10	g	30	0	0.0	0.0	0.0	0	0	7	0	7	0
Flavor Shot, Hazelnut	10	g	25	0	0.0	0.0	0.0	0	0	6	0	6	0
Flavor Shot, Orange	11	g	30	0	0.0	0.0	0.0	0	0	7	0	7	0
Flavor Shot, Vanilla	10	g	30	0	0.0	0.0	0.0	0	0	7	0	7	0
Flavor Shot, Caramel	10	g	30	0	0.0	0.0	0.0	0	0	7	0	7	0
Flavor Shot, Chocolate Sauce	20	g	45	5	0.5	0.0	0.0	0	0	12	1	10	1
Flavor Shot, Caramel Sauce	20	g	60	0	0.0	0.0	0.0	0	35	13	0	11	0
Vodka, 80 proof - 1.25oz	35	g	80	0	0.0	0.0	0.0	0	0	0	0	0	0
Rum, 80 proof - 1.25oz	35	g	80	0	0.0	0.0	0.0	0	0	0	0	0	0
Tequila, 80 proof - 1.25oz	35	g	80	0	0.0	0.0	0.0	0	0	0	0	0	0

Percentage Daily Values are based on a 2,000 calorie diet. 2,000 calories a day is used for general nutrition advice, but calorie needs vary.

The Nutritional Information Maui Wowi® has provided is based on standard product formulations. Product variations may occur based on regional differences, ingredient substitutions, seasonal conditions, differences in product preparation at the store and suppliers. Some items listed may not be available in all stores. This list may not include test products, limited time offers, custom orders, self-service orders and regional menu variations.

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